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FALL CONFERENCE 9/14 • 9/15, 2023

Embassy Suites Noblesville, Indiana

Elevate your work and learn more about this year's LeadingAge Indiana Fall Conference.







ELEVATE

FALL CONFERENCE 9/14 • 9/15, 2023

Embassy Suites Noblesville, Indiana

Nurse Appreciation Dinner | Wednesday 9/13 6:30-8:30PM Complimentary to Nurses

Elevate Your Leadership | Keynote & Renowned Speaker Ralph Peterson Engaging & Inspirational | Drawing From Real Life Scenarios

INALA Awards Luncheon | Friday 9/15 Noon Nominations are Open | Tickets Available

SCAN & GO ONLINE







Fall Conference | 2023





SESSION DETAILS

Conference Details

Embassy Suites, Noblesville 13700 Conference Center Dr. S., Noblesville, IN 46060

Hotel

Make reservations at the Embassy Suites. To receive the LeadingAge Indiana discounted rate (\$160/night), call 317-674-1900 and mention the LeadingAge Indiana rate, or use the reservation link on our website.

Discount deadline is September 1.

Nurse Appreciation Dinner

Complimentary to Nurses. LeadingAge and INALA nurses are invited to attend this fun and celebratory event! September 13 from 6:30-8:30 pm in Stony Creek at the Embassy Suites Hotel. RSVP by September 1 by emailing Tina.

Welcome Reception

Let's get together and unwind after a day of learning! Join us at the welcome reception for appetizers, drinks, and great conversation! Complimentary with your registration

Town Hall Luncheon

Elevate with information and up-to-date industry changes. The Town Hall Lunch for LeadingAge Indiana members will be held on Friday, September 15 at Noon. We'll hear from a LeadingAge National representative and State Regulator(s).

INALA Awards

Celebrating successes is one of the best parts of our conference! Join us for lunch and an awards ceremony at 12 on Friday, September 15 to celebrate the achievements of INALA members.

Conference attendance is not required.

Tickets can be purchased by emailing Tina.



Email Tina

Tina Bowman tbowman@leadingingageindiana.org

Keynote Speaker 8:45–11:45AM

Elevate Your Leadership:

In a time when the senior care industry grapples with employee retention, engagement, and burnout, how do we rise above and elevate our leadership practices? Renowned speaker, Ralph Peterson, brings you an engaging and inspirational keynote designed to align with the theme of "Elevate."

Drawing from real-life case studies and practical strategies, Ralph will delve into the essential aspects that determine success in senior care centers. This session, a blend of education, entertainment, and inspiration, is geared toward providing you with the tools to overcome the unique challenges of managing in an industry where attracting and retaining quality employees is often difficult.

See what we have in store to ELEVATE your work. Visit leadingage indiana.org for more information and to register TODAY!

Conference Schedule

Wednesday September 13

6:30–8:30 PM | Nurse Appreciation Dinner (separate registration required)

Thursday September 14

8:00AM-3:30PM | Registration Open/Tabletop Exhibits 8:45-11:45AM | Deep Dive Sessions (3 CEUs per session) Noon – 1:30PM | Opening Keynote & Luncheon (1 CEU) 2:00-3:00PM | Track Sessions 1A, 1B, 1C, 1D (1 CEU per session) 3:15-4:15PM | Track Sessions 2A, 2B, 2C, 2D (1CEU per session 4:15-5:45PM | Reception Open | Included in Registration

Friday September 15

7:30AM-1:45PM | Registration Open/Tabletop Exhibits
7:30-9:AM | LeadingAge Indiana Annual Meeting & Breakfast (1 CEU)
9:15 – 10:15AM | Track Sessions 3A, 3B, 3C (1 CEU per session)
10:30-11:30AM | Track Sessions 4A, 4B, 4C (1 CEU per session)
Noon – 1:30PM | Town Hall & Luncheon (1 CEU)
Noon – 1:30PM | INALA Awards Luncheon

1:45-3:15PM | Compliance Updates (1.5 CEU)

Deep Dive Kickoff Sessions

8:45AM - 11:45AM

Deep Dive: Adaptive Leadership: Tools and Techniques to Transform Individuals and Organizations | Lena Morris, Authentic Encounters | This Leadership Deep Dive will raise leaders' awareness of the differences among people and situations. It teaches leaders how to enhance the effectiveness of their interactions by adapting their approach to people based on what they want to discuss and how they think people will respond. By better meeting the needs of each individual, leaders create higher levels of engagement and organizational results. Disc assessment included.

Deep Dive: Assisted Living Issues & Insights | One Purpose Senior Services and Luminary Senior Living | Dedicated to Assisted Living Leaders. A deeper conversation on topics impacting the industry including insights on staffing, mentoring for new leadership, new A.L. regulatory changes and managed care along with a Q&A on what are your "pain points".

Deep Dive: Clinical | Deer Oaks Behavioral Health and Probari

Thursday | 2-3:00PM

1A: Discovering and Understanding Your Working Genius | Brandon Buster, Lee Agency | A deep dive into Patrick Lencioni's "The 6 Types of Working Genius" designed to help individuals in all positions have a better understanding of their strengths, the strengths of others, and how to best utilize those and build trust within the team setting.

1B: A Better way...Understanding how to De-code and Manage the Behavioral and Psychological Symptoms of Dementia | Debbie Carriveau, The Living Wisdom Center for Dementia Care at Hubbard Hill | Discover the direct correlation between walking in "relationship" with those living with dementia and how it impacts your ability to successfully manage a person's symptoms. Learn the unspoken needs and messages sent by dementia individuals through the most common behavioral symptoms; how the progression of dementia affects and alters reality and its direct impact on behavior; effective redirection techniques and approaches for specific types of behaviors.

1C: Raising Tech: The Future of Senior Living Technology | Amber Bardon, Parasol Alliance | As senior living continues to evolve, so does the technology needed to support and enhance the resident and employee experience. These gaps in technology have escalated the awareness for communities to have a proactive technology roadmap and budget. Learn how to build a customized technology assessment and roadmap for your community based on decades of experience and real-life learnings from senior living technology experts and communities like you, and how to evaluate, plan, budget, and execute baseline and innovative technology needs at your communities.

1D: Keeping Up with the Changes | Deborah Lake, FORVIS | After almost 4 years, we will see significant changes to the Resident Assessment Instrument (RAI) Manual and the MDS 3.0 Item Sets. Facilities will need to prepare for additional coding items for SNF Quality Reporting Program (QRP) measures and Standardized Patient Assessment Data Elements (SPADES) These changes will require training and planning for implementation. Join us for a review and discussion of the most up-to-date information available for these issues to ensure your facility is on the road to success.

Thursday | 3:15-4:15PM

2A Revolutionizing Leadership | Ralph Peterson, Keynote speaker | Uncovering the root cause of a problem is the first and most important step in identifying solutions. In this session, Ralph shares his tools, forms, surveys and strategies he and his team developed to address the 'real' root causes of staff turnover.

2B Integrating the Entire Interdisciplinary Team for Optimal PDPM Performance and Outcomes | Caryn Enderle, Concept Rehab | Making sure your PDPM reimbursement matches the care you are delivering is essential for long-term viability and operational success. Accurate and optimal reimbursement also hinges on the skill set of your MDS and nursing teams. Learn strategies and best practices to assure your interdisciplinary team is cohesive and achieving desired results

2C Building the Future of Healthcare: A Path to Sustainable Staffing |Mason All, ConnectRN | With nearly 64% of nurses looking to leave the healthcare profession, it has never been more important to recruit and retain quality clinicians to serve your community. Mason All illustrates the importance of technology and innovation in staffing. Concepts include: consolidating your team under one platform, the importance of w2 vs. 1099 when hiring per-diem clinicians; and exploring benefits

2D Back to the Basics Learning Objectives |

Angeleta Hendrickson and Teresa Hostettler, Qsource | Moving from the pandemic survival mode returning back to the basics, how do you utilize Indiana's federally mandated Quality Improvement Organization (QIO) — Qsource? Free resources, education, and support! During this presentation, we will discuss the importance of facility assessment. How to begin the process for improvement and develop a plan of action to improve quality measures, increase star ratings, survey preparedness, and resident/staff satisfaction.

Friday | 9:15-10:15AM

3A True Colors | Mary Ann Maroon, True Colors | True Colors is an interactive program designed to help staff relate to one another and strengthen communication. True Colors is a research-based approach to understanding human behavior and motivations. Provides insight to strengths, joys, and sources of stresses and frustrations. THIS IS A 2-HOUR SESSION WITH A BREAK IN BETWEEN (THIS IS HOUR 1). See session 4A.

3B Substance Use Basics | Nancy Casperd, Proactive | The number of older adults with substance use disorder (SUD) has increased in recent years, increasing the need for post-acute care services that can accommodate residents experiencing SUD along with other co-occurring disorders. This presentation provides an introduction of SUD, regulatory requirements, and action steps to effectively take care of this population.

3C: The Case for a Flexible Workforce | Kristen He and Heather Soots, MyShyft | Staffing shortages have been a persistent problem in senior living for decades. This issue will not be solved with outdated approaches and ways of thinking, especially as an aging population enters retirement. Drawing on years of industry expertise and an analysis of workforce trends, Heather and Kristen present the practical, cost-effective solution of utilizing a flexible workforce to break out of the negative cycle of staffing and to reap the rewards of delivering quality care within stabilized operations.

3D: The Indiana Senior Care Market | Kevin Laidlaw, Lument, and Jonathan Hurt, OHC Healthcare Property Advisors | As experts in financing and senior care valuations, Lument and OHC Advisors will partner to lead a discussion focused on the Indiana senior care market. The Vevox app will be utilized by the presenters to provide live polling to determine the audience's preferences for areas of focus for the presentation as well as encourage audience interaction throughout the discussion.

Friday | 10:30-11:30AM

4A True Colors | Mary Ann Maroon | True Colors is an interactive program designed to help staff relate to one another and strengthen communication. True Colors is a research-based approach to understanding human behavior and motivations. Provides insight to strengths, joys, and sources of stresses and frustrations. THIS IS A 2-HOUR SESSION WITH A BREAK IN BETWEEN (THIS IS HOUR 2). See session 3A.

4B The Search for Meaning...Living Purposefully with Dementia | Debbie Carriveau, Executive Director of Dementia Services, The Living Wisdom Center for Dementia Care at Hubbard Hill | Learn how to readily engage those living with dementia in purposeful living through activity focused care. Understand what the therapeutic value of being an "active participant" versus a "passive observer" in daily life is for those with dementia. Learn ways to provide a realistic variety of therapeutic programs for dementia individuals as demonstrated and discussed by the presenter. Understand the impact purposeful engagement has on the management of dementia symptomology and how it can reduce difficult symptoms.

4C Engaging High School Students to Long-Term Care | Deb Lambert, Byron Community Wellness | Byron Community Wellness has been doing a pilot program to engage high school students to work in long term care. After feedback from our initial group, we have a new and improved model to engage the students. We have a 100% retention rate with our first class and will be welcoming our second class this fall.